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> > Scott Rauvers



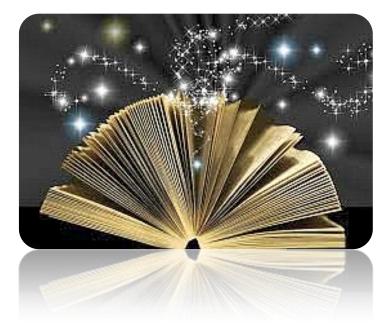
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INTRODUCTION

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eeking inspiration before undertaking a new project or embarking upon a journey of spiritual growth or even undertaking non-invasive approaches to healing, can be an overwhelming experience in today's world of information overload. The aim of this new edition published

by the Solar Institute is to summarize relevant information and present it in a wellorganized, straight forward easy to use format that fits in the palm of your hand. No confusion and best of all no electricity required!

My writing over the years has led to a yearly Tao Nutrition Planetary Almanac, a book on ancient QI Gong called Deciphering Tablet Number XIII The Keys of Life and Death as well as an in-depth publication of the Tao titled: Eternal Youth via Tao Te Ching. Longevity Secrets via Universal Energy. It was through writing these editions that I came across correspondences and discovered they unraveled the mystery of the interconnectedness behind life, form and energy. Correspondences can illustrate the connection we have with each other, like threads in a tapestry. This helps one clearly isolate the connections that we encounter on a daily basis as we interact with the world around us, making it an especially valuable tool for energy workers, martial artists or crafts-persons. It allows one to view the natural flow of associations that fit together with one another, which is fundamental to how we think, act and feel. By incorporating Charts and Tables of Correspondences into your practice, work or art you expand the scope of energy you put towards your intention; all without losing any focus. Hence, correspondences in general provide a rich tapestry for manifesting your intentions and desires.

All Conveniently Organized

The smatterings of tables, diagrams and charts we come across in books or view digitally needs an ordered structured format. It has been my goal to compile this "mess" of the most sought after information into a common sense repository that is easy to find, is organized and clearly displayed in simple tables. Hence all the work has been done for you. No more endless searching through outdated books, charts or confusing webpages and tables. When it came to the major deities from loas and orishas, I found these were out of my league to list in this edition. Instead, I made the decision to focus on the interconnection that relates to the web of life and simply illustrate these connections in tabular format. The end result revealed a simplified framework where one is able to weave out their intention(s) without any interference.

Compiling a book of correspondences today could easily fill a number of large volumes so I needed to figure out where to draw the line, whilst viewing endless lists of tables, charts and graphs. Hence, I have tended to keep things discreet with the aim of being practical, based on the frequency or number of times correspondences were frequently cited or searched for. Hence, this decision avoided filling entire volumes with unnecessary and wasteful information.

Using Correspondences

As mentioned earlier, information overload is the norm today. I firmly believe that correspondences can create a clear path through the chaos allowing one to view the relevant connections that exist within the framework of nature and its corresponding energies. Correspondence charts can also help one advance spiritually, especially if you work in the corporate world where at times it is necessary to become grounded, in order to avoid straying too far from morals and values or to strengthen one's spiritual growth. Correspondences, can help you advance in life, perhaps even getting a much needed promotion at work, learning to banish negativity or to learn how to connect with the natural order of things. This edition focuses on things that one encounters the most in their environment, so this publication is generally intended for beginners.

It was a serious challenge, taking over a year to compile these charts in a balanced format with a healthy dose of common sense to weed out the unrelated material. This has resulted in an edition with its own unique subheadings and associated correspondences. Now anyone can follow the thread of any one corresponding table or chart, and become inspired to make new discoveries and chart solutions. Hence, if you choose to use the color blue for a project, you might look up the chapter Musical Notes Correspondences, discovering that blue represents the note G#. After further browsing you come across the chapter Correspondences of the Planets, where blue represents the planet **Venus**. This may than give you the urge to search for and listen to music that is dominated by G# notes, while viewing the planet Venus. If you want to dig deeper, than match your color with one of the 5 elements in the chapter titled: The Elements Correspondences. This now shows a match of blue being represented by the element Water. From there you will find an abundance of information related to the water element, from diet to recommended foods to the time day the effects of the Water element are strongest. The associated correspondences have now lead you down a new path resulting in new ideas and inspiration.

This edition is intended as a companion book to my two books **Deciphering Tablet Number XIII The Keys of Life and Death** and **Eternal Youth via Tao Te Ching**, **Longevity Secrets via Universal Energy**. Its purpose being to strengthen spiritual progress and advance personal development. Familiarize yourself with the colors, seasons, elements, planets and other categories in this book and you will begin to experience the many relationships that interconnect with one another. This in turn will allow you to forge new relationships that hold special meaning for you.

Why use Correspondences?

By placing the information in tables, it allows the mind to use the information as a focal tool, helping one to channel their intention(s) and direct creative energy. This energy than manifests itself as new inspiration and expanded creativity. Correspondences can also serve as links to the past, allowing one to connect with ancient myths and folklore handed down to mankind throughout the centuries.

For all our modern day sophistication, correspondences bring clarity to unseen associations because they purposely guide us closer to a sense of where we belong on our spiritual path. They weave together our beliefs, ideas and energy, providing deeper psychological meaning to our daily rituals as we unite individually with source. Correspondences also behave as keys that combine to unlock unseen energies which aid us in manifesting our desires and intentions. These energies

embody both physical and symbolic energies, providing the means for uniting the seen and unseen worlds through the interwoven aspects of all things. Hence, one who understands the three fold relationship between using intention to raise one's vibration (*spiritual growth*), information (*knowing*) and action (*doing*), has a huge advantage in whether his or her intention(s) will manifest into reality.

The charts, diagrams and tables in this book and the patterns they are associated with operate on numerous levels - emotional, spiritual, social and environmental. When new associations are found, inspiration bubbles forth, expanding and raising one's vibration and in the end, accelerating one's spiritual growth. Without association, inspiration would not be possible because our brains would never be able to formulate new ideas and concepts. Isaac Bonewits stated that the power of a single thing can be used through something else that has a connection or association with it, because our brains function based on association.

By finding meaningful links in raw information, it allows one to form stronger associations with what one deems valuable. They say those who bring value to the market place make the most.

A Simple Exercise on how to use Correspondences

If you are an artist or craftsperson, you will find that the color charts and tables will help you match textures, especially with fluids, time of day or even body part. As an example, if you had a desire to make and sell red candles, you could match your red candle with the element **Fire**, which is represented by the color **Red**. Fire represents **South**, so you could use south type diagrams or imprint pictures upon the red candle. The chapter titled: **Yin & Yang Correspondences** shows that **Red** and **Fire** are associated with the **Full Moon**, with the time of day being **12 noon**. Hence, an image or a diagram of a full moon high in the night sky with a river flowing southwards in the background carved onto the candle would display an image that expresses overall harmony. This brings out the vibrancy and expression of this work of art. Hence, you now have a work of art that is vibrant, colorful, and a true representation of your of original intention. This is just one simple example of matching associated elements and using these to maximize your intention(s).

Use this book to look for the type of correspondence that matches your intent, desire or action. Artists and crafts-persons will find this edition especially invaluable when making simple choices regarding the making of jewelry design, or arranging the interior of a living space or designing a new one.

How to use this book

This book is divided into a listing of chapters organized by main headings which than consist of subheadings that are filled with tables that contain the information. This simplistic approach to organized information allows rapid flexibility for how one prefers to outlay their intention or to sharpen their focus on any particular subject. If you don't want to begin with intent, allow yourself to experience memoires from the past and seek associations with these using the tables provided. This is useful if you are an energy worker, as healing is often associated with confronting and neutralizing past trauma. To begin with, search for relevant associations that symbolize what you are working with or that relate to your intention as shown in the earlier examples. Another way to use this book is to flip through the pages up to 6 weeks before a change of season or match the current moon cycle to the tables and charts. This will give you future information on how to adjust to the upcoming changes the season approaches. as In the Chapter titled: Chapter 9. Correspondences of the Constellations you can use the charts and tables with a Moon Void of Course Calendar to observe the moon and the related constellation and its effects upon nature, or to find the best

online or at any good bookstore by using Llewellyn's Moon Sign Book. In Chapter 4, subheading chart titled: Hourly and Monthly Variation of QI Flow, it shows the time that QI Energy peaks in the corresponding organ. Around this approximate time is the best time to perform exercises (*especially CHI exercises*) to heal that organ. This is because CHI energy compliments the energy of the constellation. This could mean laying hands on that region and allowing healing energy to flow into it, or using acupressure or acupuncture methods. You could also use guided imagery, imagining the region bathed in a golden healing light or similar techniques. It is my intention that this book will encourage you to thoroughly explore, experiment and discover for yourself unique new ways to combine these unique correspondences, using them to support and empower your spiritual growth.

time to undertake a new project. You can find a moon void of course calendar

A special tip to help find matching associations.

Photocopy the chapters and subheadings at the start of this book, than lay the pages down upon a flat surface or pin them up on a wall. Next, look at the chapters and subheadings to match the relevant associations shown in the chapters and their subheadings.



Chapter 1. Musical Notes Correspondences

Color + Note + Planets				
Red	С	Mars	Mars	
Red-Orange	C#			
Orange	D	Mercury	Sun	
Yellow	E	Sun	Mercury	
Yellow-Green	F			
Green	F#	Venus	Venus	
Blue-Green	G			
Blue	G#	Jupiter	Moon	
Blue-Violet	А	Saturn	Saturn	
Violet	A#	Moon	Jupiter	
Red-Violet	В			

Chakra + Color + Frequency + Note Correspondences					
Chakra	Chakra Color Frequency				
Svadhisthana	Orange	9Hz	D		
(located above pubic					
bone / below the navel)					
Solar Plexus	Yellow	10hz	E		
Heart	Green	10.5hz	F		
Throat	Blue	12hz	G		
3 rd Eye	Indigo	13hz	А		
Crown	White	15hz	В		

Notes	Constellation	Elemental Notes
C -	Aries	C = Fire
C#	Taurus	E = Air
D	Gemini	G# = Water
D#	Cancer	A = Earth
E	Leo	
F	Virgo	
F#	Libra	
G	Scorpio	
G#	Sagittarius	
A	Capricorn	
A#	Aquarius	
В	Pisces	

The Qlippoth, Tunnels of Set & Nightside				
Tunnel	Tunnel Note Color			
Thantifaxath	С	Black and blue		
Shalicu	D	Vermilion and emerald		
Raflifu	D	Rayed red and amber		
Qulielfi	В	Slug-slime silver & stone		
Tzuflifu	С	Black and blue		
Parafaxitas	С	Bright red and Emerald		
A'ano'nin	A	Black and indigo		
Saksaksalim	G#	Bright yellow and dark blue		
Niantiel	G	Indigo brown and greenish blue		
Malkunofat	G#	Deep blue and sea green		

Lafcursiax	F#	Pale green & rich blue
Kurgasiax	A#	Bright blue rayed with yellow
Yamatu	F	Yellowish green and slate
Temphioth	E	Sharp greenish yellow & gray
Characith	D#	Dark greenish brown and amber
Zamradiel	D	New leather yellow & mauve
Uriens	C#	Flame and brown
Hemthterith	A#	Lurid red & glowing red
Dagdagiel	F#	Vivid sky blue & bright rose rayed with pale
		green
Gargophias	G#	Silver and black
Baratchial	E	Deep yellow and indigo rayed with violet
Amprodias	E	Luminous pale yellow and emerald
		flickered with gold

Enoch	Enochian Letter & Musical Note Correspondences				
Enochian	Planet / Element	Note	Letter		
Un	Air	E	А		
Pe	Mercury	E	В		
Ged	Luna	G#	G		
Gal	Venus	F#	D		
Graph	Aries	С	E		
Orth	Taurus	C#	E		
Ceph	Gemini	D	Z		
Na-Hath	Cancer	D#	Н		
Gon	Virgo	F	I'1'A		
Veh	Jupiter	A#	С,К		
Ur	Libra	F#	L		
Tal	Water	G#	М		
Drun	Scorpio	G	Ν		
Pal	Sagittarius	G#	Х		
Med	Capricorn	А	0		
Mals	Mars	С	Р		
Ger	Aquarius	A#	Q		
Don	Pisces	В	R		
Fam	Sol	D	S		
Gisa	Fire	С	Т		
Vau	Saturn	A	U,V,W		

Notes and Constellation				
Name	Musical Note	Element / Constellation		
Aleph	E	Air		
Gimel	G#	Moon		
Daleth	F#	Venus		
Heh	С	Aries		
Vav	C#	Taurus		
Zayin	D	Gemini		
Cheth	D@	Cancer		
Teth	E	Leo		
Yod	F	Virgo		
Kaph	A#	Jupiter		
Lamed	F#	Libra		
Mem	G#	Water		
Nun	G	Scorpio		
Samekh	G#	Sagittarius		
Ayin	А	Capricorn		
Peh	С	Mars		
Tzaddi	A#	Aquarius		
Ooph	В	Pisces		
Resh	D	Sun		
Shin	С	Fire		
Тау	A	Saturn		

Yetziratic Intelligence - Keys	Musical Note
to the Kabbalah	
Fiery Intelligence	E Natural
Intelligence of Transparency	E Natural
Uniting Intelligence	G Sharp
Luminous Intelligence	F Sharp
Constituting Intelligence	C Natural
Triumphant and Eternal Intelligence	C Sharp
Disposing Intelligence	D Natural
Intelligence of the House of Influence	D Sharp
Intelligence of the Secret of all	E Natural
Spiritual Activities	
Intelligence of Will	F Natural
Rewarding Intelligence	A Sharp
Faithful Intelligence	G Sharp
Stable Intelligence	G Sharp
Imaginative Intelligence	G Natural
Intelligence of Probation	G Sharp
Renewing Intelligence	A Natural
Exciting Intelligence	C Natural
Natural Intelligence	A Sharp
Corporeal Intelligence	B Natural
Collecting Intelligence	D Natural
Perpetual Intelligence	C Natural
Administrative Intelligence	A Natural

Chapter 2. Foods and Herbs Correspondences

Element	Herb	
Fire	Basil, Woodruff, Dragon's blood,	
	Rosemary, Chamomile	
Earth	Lovage, Hyssop	
Air	Fennel, Lavendar, Cinnamon, Clove	
Water	Anise, Orris, Boneset, Catnip	

S	olstice / Equinox	Gems, Herbs and Fo	oods				
Month	Month Gemstone Herb Food						
October 31st to November 2 nd	, ,	5.	Nuts, Apple, Turnip, Pumpkin,				
Dec 21st or Dec 22 nd	Bloodstone, Garnet, Tiger's Eye, Cat's Eye, Emerald	Cinnamon,	Fruits, Turkey, Eggnog, Cinnamon, Peppermint, Chocolate, Nuts				
Feb 1st and Feb 2 nd	Tourmaline, Onyx, Iron, Citrine, Bloodstone, Amethyst, Selenite		Dairy, Lemon, Ginger, Poultry, Herbal Teas, Braided Breads				

March 20th to March 21 st	Jasper, Aquamarine, Rose Quartz, Sunstone, Moonstone	Ginger, Olives, Lotus, Rose Petals,	
April 30th to May 1 st	Quartz, Tourmaline, Beryl, Rose Quartz, Amber, Malachite	Rose, Mint, Elderberry, Angelica,	Oatmeal, Honey, Cherries, Strawberry, Goat Cheese, Dairy, Pork Wines
June 20th to June 22 nd	Amazonite, Bloodstone, Green Jasper, Aventurine, Carnelian, Jade, Sunstone, Green Fluorite, Green Agate,	Lemongrass, Honeysuckle, Oak, Chamomile, Rose	Orange, Bananas, Summer Squash, Watermelon, Pineapple, Lemons, Pumpernickel Bread, Cucumber
July 31st to August 1 st	Granite, Marble,	Heather, Grapes,	Apricot, Onions, Bread, Apples, Onions, Grains, Corn
Sept 21st to Sept 23rd	Sapphire, Peridot, Gold, Topaz, Yellow Agate, Lapis Lazuli	Yarrow, Acorn, Honeysuckle, Marigold, Thistle, Sage, Rue	Onions, Potatoes, Carrots, Pomegranate, Apples, Nuts,

	Sweet	Sour	Pungent	Salty	Bitter
	Honey	Lemons,	Ginger	Salt, Kelp,	Hops,
Food	Red	Tomatoes,	Garlic,	Seaweed	Celery,
	Dates,	Apples	Chives		Radishes
	Malt				
Good	Spleen and	Liver and	Lungs and	Kidneys and	Heart and
For	Stomach	Gallbladder	Large	Bladder	Small
			Intestine		Intestine
Bad	Kidneys and	Spleen	Liver and	Heart and	Lungs and
For	Bladder	and	Gallbladder	Small Intestin	Large
		Stomach			Intestine

ELEMENT	FIRE	EARTH	METAL	WATER	WOOD
	(bitter)	(sweet)	(pungent)	(salty)	(sour)
Grains	Amaranth Corn	Millet Barley	Rice	Buck-wheat	Oats / Wheat, Rye
Legumes	Red Lentil	Garbanzo Peas	Navy, Soy	Adzuk,i Black, Kidney, Pinto	Green, Lentil, Mung, Lima,
Nuts/ Seeds	Sunflower Pistachio	Pine Nuts Pumpkin	Almonds	Black Sesame Walnut	Brazil Cashew
Vegetables	Red Bell Pepper Scallion Tomato Beet Dandelion Root Okra	Cabbage Carrot Parsnip Rutabaga Spinach Squash	Celery Cucumber Mustard Green Asparagus Broccoli Onion Radish	Kale Mushrooms Seaweeds Water chestnut	Green Bell Pepper Green Peas, Lettuce String Bean, Zucchini
Fruits	Cherry Persimmon	Fig Orange Papaya Pineapple Strawberry	Apricot Banana, Pear	Mulberry Pom- egranate Raspberry Watermelon	Avocado, Grape, Lemon Lime, Plum
Watch For Excess	Chocolate /Sugar	Meat	Eggs	Cheese	Soft Dairy

Constellation	Herbs	Incense	Body Part	Metal& Gemstone
Aries	Sage, Cloves, Cinnamon, Allspice	Dragon's Blood	Head	Iron
Taurus	Thyme, Patchouli, Honeysuckle	Storax	Neck and Throat	Copper
Gemini	Lavender, Lily of the Valley,	Lavender	Arms and Shoulders	Mercury
Cancer	Lemon, Milkweed, Eucalyptus	Sandalwood	Stomach, Chest	Silver
Leo	Nutmeg, Marigold, Heliotrope	Frankincense	Upper Back, Heart	Gold
Virgo	Peppermint, Moss, Cypress	Nariscuss	Digestive System, Lower Intestine	Nickel, Platinum
Libra	Sweet Pea, Majoram, Catnip	Galbanum	Kidney, Lower Back	Bronze, Copper, Aluminum
Scorpio	Myrrh, Cumin, Ginger	Benzoin	Groin and Genitals	Steel, Plutonium
Sagittarius	Sage, Juniper, Star Ansie	Cinnamon	Thighs, Liver, Hips	Brass & Tin
Capricorn	Vervain, Cypress	Musk	Bones, Teeth, Joints	Lead & Pewter
Aquarius	Peppermint, Almonds, Lavender	Galbanum	Circulation, Ankles	Uranium, Aluminum
Pisces	Jasmine, Gardenia, Catnip	Cypress, Cedar, Orris Root	Feet, Immune System	Tin

Chapter 3. Correspondences of Emotions

Quality, Character and Traits tied to Emotion					
Still, Silent	Fair, Objective	Honest			
Moist, Dangerous, abysmal	Deceitful, clever	Rebelliousness			
Cheerful, pleasing, joyous	Affable, gentle	Laughter			
Rulership, Firm	Benevolent, warmhearted	Leadership			
Protective, obedience, reception	Silent	Devotion			
Dispersing, penetrating, gentle	Heartless, cool	Empathy			
Arousing, moving	Unlucky	Surprise			
Radiant, warm, brilliant	Open minded, optimistic	Intuitive			

Element	Chakra	Gland	Sense	Organ	Emotion
Sky	Throat	Thyroid	Hearing	Ears	Ego/Pride
Air	Heart	Thymus	Touch	Skin	Greed
Fire	Navel	Pancreas	Sight	Eyes	Anger
Water	Genitals	Gonads	Taste	Tongue	Self-Indulgence
Earth	Rectal	Adrenal	Smell	Nose	Attachment

	Er	notion and Eleme	ent	
Element	Emotion	QI Flow	Symptoms	Control
Fire	Overexcited	Slows QI	Unclear Thoughts, Heart Attacks, Mania	More Fear – Water Controls Fire
Wood	Anger/ Frustration	QI Ascends	Increased Blood Pressure, Dizziness, Blurry Vision	More Grief – Metal Controls Wood
Metal	Grief	Dissolves QI	Asthma, Colds and Flu, Skin Issues, Tight Chest	More Joy – Fire Controls Metal
Water	Fear	QI Descends	Weak bladder	More Concentration/ Thoughts – Earth controls Water

Scents and Emotions used to Enhance Healing and Strength					
Element	Sounds	Scent	Flavor	Emotion	Number
Water	Groans	Putrid	Salt	Fear	9 and 10
Wood	Shouts	Rancid	Sour	Anger	1 and 2
Metal	Weeps	Rots	Pungent	Grieving	7 and 8
Earth	Sings	Fragrant	Sweet	Sympathy	5 and 6
Fire	Laughs	Scorches	Bitter	Јоу	3 and 4

Elements	Wood	Fire	Earth	Metal	Water
Solid organ	Liver	Heart	Spleen/ Pancreas	Lungs	Kidneys
Time full	1 am— 3 am	11 am— 1 pm	9 am– 11 am	3 am– 5 am	5 pm– 7 pm
Positive emotion	Kindness	Love Honor	Compassion Fairness	Courage/ Righteous- ness	Gentleness

	Element Values and Virtues							
Element	Archetype	Desire /	Virtue /	Pre-	Compul-	Seeks		
		Fear	Values	occupation	sion			
Fire	Wizard	Fulfilled /	Charisma /	Stimulation	Consumer	Love		
		Being cut	Intuition					
		off						
Wood	Pioneer	Purpose /	Fervor /	Work	Win	Cause		
		Helpless	Utility					
Metal	Alchemist	Order /	Righteous	Ritual	Control	System		
		Corruption	-ness /					
			Purity					
Water	Philosopher	Truth /	Honest /	Secrets	Criticize	To Teach		
	-	Extinction	Durability					
Earth	Peacemaker	Loyalty /	Loyalty /	Details	Interfere	Family		
		Lost	Harmony					

	Element, Sound and Number						
Element	Sound	Sound Scent Flavor Emotion Number					
Earth	Sings	Fragrant	Sweet	Sympathy	5&6		
Water	Groans	Putrid	Salt	Fear	9&10		
Metal	Weeps	Rotten	Pungent	Grief	7&8		
Fire	Laughs	Scorched	Bitter	Joy	374		
Wood	Shouts	Rancid	Sour	Anger	1&2		



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l- conscious	Christ	Dreaming	Assertive	Mobile	Dominant	Empathy
Long term Past	Always	Eternity	Present, Near future	Fast, Short present	Long term Future	Short, Present
Deep, Loyal, Few contacts	Harmony, Giving space to the other	Being as the other	Work object, People are instrum- ents	Seeks authority, Public opinion	King, Paternal, Not social	Love/ Hate
Deep insights, Seeks the essence	Knows	Not aware	Practical	Fast, Sharp, Combi- nations	Broad, Long, Oversees ideas	Practical
Strong yet hidden	Spark	Dreamy	Powerful	Superficial	Feeling is subordi- nate	Aware
Strong, Inflexible	Res- trained strength	Dependent	Strong	Short term	Strong Long term	Unstable
Do some- thing for the elderly	Do some- thing for authority	Do some- thing for a woman/ wife	Do somet- hing for someone in power	Do som- ething for children	Do som- ething for your guru	Do some- thing for your partner or a couple
Go through the boundary	Seek the truth	Seek the germinal force and natural law	Seek the energy of the action	Seek conn- ection with cosmic rhythm	Seek high ideals, Find the way	'Hear' the other, Learn from everyone

Organ	Destructive Emotion	Emotional Antidote
Kidneys	Fear	Courage, Confidence, Trust,
		Bravery, Respect
Heart	Impatient	Patience, Endurance, Tolerate,
		Forbearance
Liver	Anger	Helpful, Calm, Self-Love,
		Content
Lungs	Depression	Fun, Delight, Righteousness
Spleen	Worry	Peace, Calm, Comfort

Planets and the	r Influences
Sun	Vitality, Self, Concerned
Moon	Emotion, Instinct, Habit
Mercury	Communication, Intellect, Reasoning
Venus	Love, Art, Beauty
Mars	Aggressive, Desire, Action
Jupiter	Abundance, Expanding, Optimistic
Saturn	Pessimism, Structure, Restricted
Uranus	Eccentricity, Upheaval, Rebellion
Neptune	Dreams, Imagination, Delusions
Pluto	Power, Obsession, Transformed
North Node	Personal Potential
South Mode	Personal Karmic Past
Chiron	Personal Healing

Excess and Return to Balance				
Excess of	Damage	Re-Balanced by		
Anger	Liver	Grief		
Joy	Heart	Fear		
Sympathy	Stomach	Anger		
Grief	Lungs	Anger		
Fear	Kidneys	Sympathy / Wisdom		
Moaning	Kidneys	Joy		
Standing	Kidneys / Bladder	Walking		
Cold / Depression	Kidneys / Bladder	Warm Liquids		
Fear / Depression	Bladder	Laughter / Gratitude		

Element and Environment						
Characteristic	Wood	Fire	Earth	Metal	Water	
Direction	East	South	Center	West	North	
Season	Spring	Summer	Change of Seasons (last month of each season)	Autumn	Winter	
Climate	Windy	Hot	Damp	Dry	Cold	
Color	Green	Red	Yellow	White	Black	
Shape	Rectangular	Angular	Square	Round	Undulating	

Thank you for reading one of the finest books on Correspondences you'll ever find. Look or ask for it in your local bookstore or online. Thank you once again and I wish you much luck and success along your spiritual path!!!

Scott Rauvers Author